

**PROGRAM HIGHLIGHT**

DOMESTIC AND HEALTH CARE PROGRAM
(MBALE SIDE)

Byona Biyinzika Ministries supports vulnerable elderly people through home health care and domestic support. Through regular outreach and home visits, elders receive basic medical care, chronic disease monitoring, counselling, and palliative support, especially for those who cannot travel to health facilities.

With support from Age Concern and other partners, we provide a monthly domestic care package, essential items such as food and hygiene supplies to elderly people living in poverty or without family support in communities including Nakisunga (Mukono) and Mbale.

IN THE WORDS OF SIMON MUKHOLI our nurse at Bududa Mbale Branch



"I extend my gratitude and appreciation to the Management and the elders at Mbale who come to receive medical treatment and counselling. I sensitize elders with hypertension to reduce salt intake, carryout physical exercises, maintain health weight, manage stress, reduce on alcohol and tobacco intake and monitor blood pressure regularly."

Quote for the month:

We don't stop playing because we grow old; but we grow old because we stop playing

George Bernard Shaw

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APPRECIATION

This goes to all the medical, support staff that ensure that the elderly are given the necessary treatment and care needed.

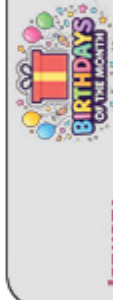
Stay Connected.



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THANK YOU FOR STANDING WITH THE ELDERLY

**January**

1st Nalongo Nakimbugwe

20th Musawo Timothy Kintu

February

12th Jjoga Samuel

21st Madrine Sanyu

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